



DON BOSCO SENIOR SECONDARY SCHOOL

Plot No. 8, Sector 42A, Nerul, Navi Mumbai

DBSSSN/R/ACAD/I-XII/JUN/25/11

Notice: International Day of Yoga

Theme: "One Earth, One Health"

Date: 17th June 2025

Dear Parents,

We're excited to announce that Don Bosco Senior Secondary School will be celebrating the International Day of Yoga on Friday, June 20th, 2025. This special day aims to promote physical, mental, and spiritual well-being through yoga.

Event Details:

- Date: June 20th, 2025
- Day: Friday
- Venue: 4th Floor Multi-Purpose Hall and Ground Floor Assembly Hall
- Dress Code: House uniform for Boys, House T-shirt and Track Pant (black/blue) for Girls
- Items to Bring: Yoga mat/towel (thick one)
- Activities: Yoga demonstration.

Kalyani Chaudhary
Principal 17/6/25



Prepared by: Tr. Dipali Kalamkar– P.E. Teacher (Foundational Stage-II and Preparatory Stage)

Checked by: Shailesh Jadhav Sir – P.E. Teacher (Secondary Section)

Approved by: Mrs. Jyotsna Dsouza – Headmistress