

Empowering Leaders, Inspiring Change

LEADERSHIP TRAINING

CLASSES IX-XII

DATE: 4-09-2025

VENUE: 4TH FLOOR ASSEMBLY HALL

TIME: 9:00am- 11:00am

A Leadership Training session was conducted on **Thursday, 4th September 2025**, at **DON BOSCO SENIOR SECONDARY SCHOOL NERUL'S 4th Floor Assembly Hall**, involving students from classes **IX – XII**, guided by Tr. Neeru and Tr. Debjani. The participants included both **School and Class Council Members**.

The training began with a 15-minute warm-up session featuring a lively dance activity, led by Tr. Neeru and Tr. Debjani and the School Council Members, to energize and engage participants. This was followed by a blindfold activity, where students worked in groups—one acting as an observer and others as instructors to build trust and teamwork. After the task, students responded to reflection questions and shared insights on the role of communication and clarity during the activity.

Students then spent 15 minutes on a discipline worksheet, engaging in discussions around leadership, time management, and school responsibilities. A significant part of the conversation focused on how to **increase house points**, with suggestions such as greater participation in events, maintaining discipline, and encouraging teamwork. The importance of each student's role in contributing to their house's success was highlighted. The session concluded with a reflection period, during which students shared insights, and school council members recorded key feedback.

After the session, a discussion took place between the principal and the class council members, during which the following key points were highlighted.

- Develop essential 21st-century skills for personal and professional growth.
- Maintain a healthy balance between academics and extracurricular activities.
- Practice good time management to enhance productivity.
- Cultivate self-awareness to better understand strengths and areas for improvement.
- Handle and gradually overcome pressure effectively.

The session was well-executed and provided valuable leadership insights and practical learning experiences.

