



# DON BOSCO SENIOR SECONDARY SCHOOL, NERUL

Plot No. 8, Sector 42, Nerul, Navi Mumbai

DBSSSN/R/ACAD/FS1-XII/AUGUST/26/65

## CIRCULAR TO PARENTS

**One child staying home when sick can prevent many children from falling ill**

**Subject: Keeping Unwell Children at Home – A Necessary Health Precaution**

**Dear Parents,**

We are currently experiencing a **season of increased flu and other respiratory and stomach infections**, we seek your cooperation in protecting the health and well-being of all our students and staff.

We strongly advise parents **not to send their child to school if the child is unwell**, particularly if the child has **fever, persistent cough, cold, sore throat, body ache, vomiting, diarrhoea, unusual fatigue, or any other symptoms of infection**.

A child who is unwell needs **adequate rest, care and recovery at home**. Sending a sick child to school not only delays the child's recovery but also increases the possibility of infection spreading to classmates, teachers and other members of the school community.

Parents are requested to:

- **Keep your child at home if he/she is sick or showing symptoms of an infection.**
- **Do not send a child to school with fever**, even if the child feels better temporarily after taking medication.
- Allow the child sufficient time to **recover fully before returning to school**.
- Inform the school/class teacher if the child is absent due to illness.
- Consult a medical professional when symptoms are persistent, severe, or concerning.
- Reinforce good hygiene practices such as **regular handwashing, covering the mouth and nose while coughing or sneezing, and avoiding close contact when unwell, wearing a mask and carrying a handkerchief**.
- Avoid sending children to school solely because of examinations, tests, activities or other academic commitments when they are genuinely ill. **Health must take priority.**

### MEDICAL CERTIFICATE AND LEAVE RECORD

Parents are requested to strictly follow the following procedure when a child is absent due to illness:

1. **A medical certificate must be submitted to the school** when the child has been absent due to illness for **three or more consecutive school days**, or whenever specifically requested by the school.

P.T.O.

2. The medical certificate should clearly mention the **period of illness/absence** and the date from which the child is fit to resume school, wherever applicable.
3. **On returning to school after illness, the parent must ensure that the absence is properly recorded in the Leave Page of the student's Handbook.** The parent should enter the dates and reason for absence and sign the entry.
4. The student must submit the completed Leave Page to the **Class Teacher on the day of joining back**, along with the medical certificate wherever applicable.
5. The school reserves the right to request a medical certificate or further medical documentation where the nature or duration of the illness warrants it.

Parents are requested **not to send children back to school merely because the fever or symptoms have temporarily subsided.** The child should be sufficiently recovered to participate safely in the normal school routine.

#### A RESPONSIBLE CHOICE

We understand that regular attendance is important. However, **sending a sick child to school is not responsible attendance.** It can put other children—especially those who may be more vulnerable to infections—at unnecessary risk.

We therefore request all parents to exercise caution and cooperate with the school in maintaining a **healthy and safe environment for everyone.** The school will also continue to monitor the situation and take appropriate preventive measures like fumigation, periodic tank cleaning and water testing.

**Let us work together to ensure that our children remain healthy, safe and ready to learn.**

*Kalyani Chaudhuri*  
11/8/26

Principal

Don Bosco Senior Secondary School, Nerul



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